**Topic:** Cultural Adjustment

(IOM, Overseas Processing Entity, Nepal)

Activity: Part I: Family Roles

#### Key Teaching Points

- ✓ The roles of family members in different societies may be different.
- ✓ Traditional roles of family members may change in the U.S.

#### **Lesson Time**

#### 20-30 minutes

#### **Materials**

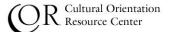
Family Role Cards, 1 set per group (included)
 Headings Cards, 1 set per group: Bhutanese in Nepal; Americans in America; Bhutanese in America (included)

#### **Practice**

- 1. Divide participants into 5 groups: elderly people together in one group, "fathers," "mothers," "sons," and "daughters" in their separate groups.
- 2. For each group, lay out the "headings" cards. Distribute the role cards to group members.
- 3. Each group is to lay out the various role cards as they believe they belong. For example, fathers lay out under "Bhutanese in Nepal" the roles and duties that they have in Nepal. Next, they lay out under "Americans in America" the roles and duties they think American fathers have in the U.S. Lastly, they lay out under "Bhutanese in America" the roles they think they will take on after they settle in the U.S. Do a few for them with the whole class so participants can see how to do it. Allow about 15 minutes for groups to complete this.
- 4. Monitor each group as they work. Check the "Americans in America" column and make any corrections if the participants lay out incorrect roles.
- 5. When the groups are finished, gather the whole class together and check out the layouts of each group. Go to the seniors group last. While at the seniors' group, carry out the following reflection.

#### Reflection Questions

- What are the similarities between countries? What are the differences?
- Why do you think differences exist?
- How do you feel about the fact that you are going to a country where family roles are different from your own?
- Do the roles of Bhutanese in America change from what they are now? Do you
  have to change or could you maintain the same roles as here?
- Do you anticipate any problems within the family as a result of what you're seeing here?
- What do you plan on doing about that?











## Cleans the house घर सफा राख्ने वा गर्ने



## Makes repairs around the house घरमा बिग्रेका सामान बनाउने

#### Decides who and when the daughter will marry

छोरीको बिहेको निर्णय गर्ने



#### Washes the dishes भाँडा माँइने





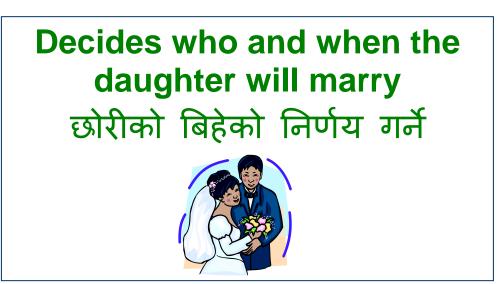




#### Washes the dishes भाँडा माँझ्ने



## Cleans the house घर सफा राख्ने वा गर्ने



## Earns money to support the family परिवार पाल्न पैसा कमाउने



## Takes care of children बालबालिकाको रेखदेख गर्ने











#### Cleans the house घर सफा राख्ने वा गर्ने



#### Decides who and when the daughter will marry

छोरीको बिहेको निर्णय गर्ने



#### Earns money to support the family

परिवार पाल्न पैसा कमाउने



**Headings Cards** 

### Father

बवा

### Bhutanese father in Nepal नेपालमा भूटानि बुवाहरु

#### American father in America अमेरिकामा अमेरिकन बुवाहरु

### Bhutanese father in America अमेरिकामा भूटानि बुवाहरु

#### Mother

आमा

#### American mother in America अमेरिकामा अमेरिकन आमाहरु

### Bhutanese mother in Nepal नेपालमा भूटानि आमाहरु

#### Bhutanese mother in America अमेरिकामा भूटानि आमाहरु

Son

छोरा

#### American son in America अमेरिकामा अमेरिकन छोराहरु

## Bhutanese son in Nepal नेपालमा भूटानि छोराहरु

### Bhutanese son in America अमेरिकामा भूटानि छोराहरु

# Daughter की राजित

#### American daughter in America अमेरिकामा अमेरिकन छोरीहरु

#### Bhutanese daughter in Nepal नेपालमा भूटानि छोरीहरु

#### Bhutanese daughter in America अमेरिकामा भूटानि छोरीहरु

#### Grandfather/grandmother

हजुवा/हजुरआमा

#### Elderly American in America अमेरिकामा अमेरिकन बृदहरु

#### Elderly Bhutanese in America अमेरिकामा भूटानि बृद्दहरु

## Elderly Bhutanese in Nepal नेपालमा भूटानि बृद्दहरु